

September Golf Tips

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Course Management

Playing the game of golf on the course requires a lot of imagination to pull off the perfect shot. On the range we practice off flat lies and practice that tip your mate has given you during the course of your last game. However, when we hit the golf course we find ourselves in different situations which have more variables than just the golf swing, such as the wind and different lies i.e. sloping ground and different grasses/ground conditions. Below are some tips to help you understand what to do and think about in certain conditions.



The tee boxes on courses do not always point at the fairway or green so think twice when setting your alignment.

Ball above your feet will cause a pull or hook to the left so aim right of your target to allow for that and grip down on the handle to stop the club hitting the ground first (notice posture is up right swing will be more like a baseball swing) Picture 1. Ball below your feet will cause a push or slice to the right, so aim left and grip towards the butt end of the handle to lengthen the club

so you do not catch it thin from this lie. Have more knee flex in this shot as shown in picture 2 below.



Pic 1



Pic 2



Play the bump and run when you have a poor or tight lie (winter conditions) when chipping. Use a 6, 7,8 iron to land it short of the green and run it up. Pick your landing spot first (flat area if possible) as shown in the picture. This is a good method when playing firm dry courses.

Mental Game Tips.

When hitting a golf shot try to go through the routine of

- Look at lie and determine wind direction
- Choose high percentage club to use off that lie.
- Visualize shot i.e. Flight of ball, roll and best side to miss fairway, green if shot isn't executed.
- Commit to decision made, setup to ball and swing.

Good Golfing!